### NZNO AGM Panel

21<sup>st</sup> September 2017 Helen Rook PhD MN RN



## The question

 What do you think are the salient points about assisted dying and the debate on it that you think the nursing profession should consider?

### **But first: Context**

- Ask yourself what is the context of professional nursing practice?
- Is there time to think, question?
- Kahneman, D. (2011). Thinking, fast and slow.
  Macmillan.

# Dissonance/constrained practice





## The question

- What do you think are the salient points about assisted dying and the debate on it that you think the nursing profession should consider?
- Assisted dying



# The problem of language

#### **Established language**

- Euthanasia
- Suicide
- Assisted suicide
- Physician assisted suicide

#### Other established terms

- Killing
- Active euthanasia
- Passive euthanasia
- Voluntary euthanasia
- Involuntary euthanasia

#### **Modified language**

- Assisted dying
- Physician aided dying
- Physician-assisted death/dying
- physician aid in dying

#### Other contemporary terms

- Compassionate caring
- aid-in dying
- dying with dignity
- compassionate dying



### Problems with the research!

- Alt.facts, post truth, spin
- Opinion polls (+ve support)
- Surveys
- The problem of bias, suggestion or presumed respectability
- But what do results really mean?
  - 67% of nurses were supportive (of legalising assisted dying in New Zealand)
  - the items in our study included the terms 'painful', 'incurable disease' and 'request', which may have influenced participants to express increased support for euthanasia (Oliver, Wilson & Malpas, 2017).



## Motive asymmetry

- Your ideology is motivated by love
- Your ideology is motivated by hate
- Listening to people who agree with you
- Confirmation bias
- Need people to disagree
- Blur the lines



### What we need to consider

- Context
- Thinking time
  - What is meant
  - How has the conclusion been reached
  - Who shaped the thinking
  - How could someone else look at it
  - Why is this position better than any other
  - What are the implications and consequences
  - What evidence is there to support assumptions
  - How do we know the evidence is accurate
- Don't trust our own position too much



# Thank you

- Acknowledgements Dr Martin Woods
- References:
  - Kahneman, D. (2011). Thinking, fast and slow.
    Macmillan.
  - Oliver, P., Wilson, M. & Malpas, P. (2017). New Zealand doctors' and nurses' views on legalising assisted dying in New Zealand. *The New Zealand Medical Journal*, 130 (1456), 10-26.