



Four Lessons from Geese

Lesson One:

The uplift draft from each goose when flying in “V” formation increases flying range by 71%

Lesson for teamwork:

By significant co-ordination and working together the productivity rate is increased dramatically.

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Lesson Two:

As the lead goose of the skein (v) tires they rotate

Lesson for teamwork:

- Workload should be evenly distributed
- Too much reliance should never be placed on one individual

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Lesson Three:

Geese honk from the rear as encouragement, warning, communication and information

Lesson for leadership:

Communication is critical to ensure effective teamwork and leadership

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Lesson Four:

If a goose is wounded or is unwell, two geese accompany their friend to the ground and will remain, until the goose has either recovered or dies

Lesson for leadership:

The need to be supportive and sensitive to the needs of others particularly in times of crisis is paramount. Working in the Health Service generally, and nursing specifically, is a highly pressurised and stressful occupation. The need to support each other has never been greater.

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