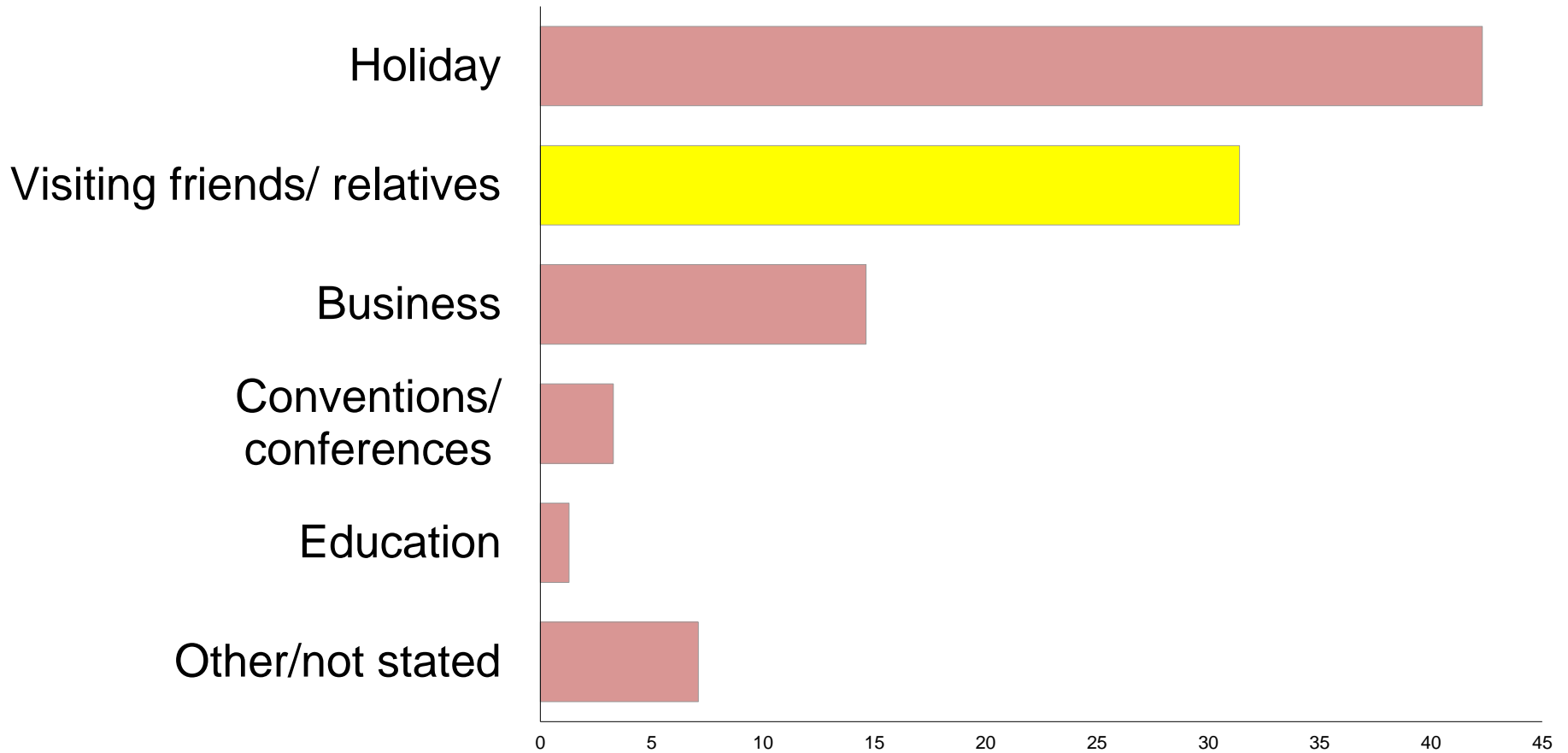


Visiting Friends & Relatives



Purpose of Travel



Visiting Family & Friends

- An immigrant, asylum seeker, refugee, students or displaced person ethnically and racially distinct from the majority population of the country of residence, who returns to his or her home country to visit friends and/or relatives
- Travel is generally from, higher to lower income countries - a gradient of epidemiological risk exists and a risk of infectious disease is greater

A Primary Health Care Concern



Scenario

- Sandeep arrives Friday afternoon and casually mentions that he is going to visit family in India, not sure how long he will be away for, so could he get a repeat of his meds (omeprazole & fluoxetine)
- Leaves next week
- What is your reaction?
 - A) Have a great trip, here's your script
 - B) Tell me more about your trip, have you thought about.....

Unique Risks for Travel-Related Infection

- Lack of awareness of risk, assumption pre-existing immunity e.g. malaria
- $\leq 30\%$ have a pre-travel health care encounter
- Financial barriers to pre-travel health care
- Lack of access to clinics
- Cultural and language barriers with health care providers
- Lack of trust in the medical system
- Last-minute travel plans and longer trips

Unique Risks for Travel-Related Infection

- Travel to higher-risk destinations
 - stay in rural remote areas with primitive accommodation
- High-risk trip characteristics
 - living the local lifestyle
 - close contact with local population
 - nil bed nets
 - consume high risk foods/drinks
- NZ-born infant/child to be vaccinated only
- Requesting Meningococcal or YFV only, as needed for entry requirement rather than recognising or interested in the actual risk

Required Vaccinations

- International Health Regulations 2005
 - Meningococcal Disease
 - Yellow fever
 - Polio



Burden of Infectious Disease

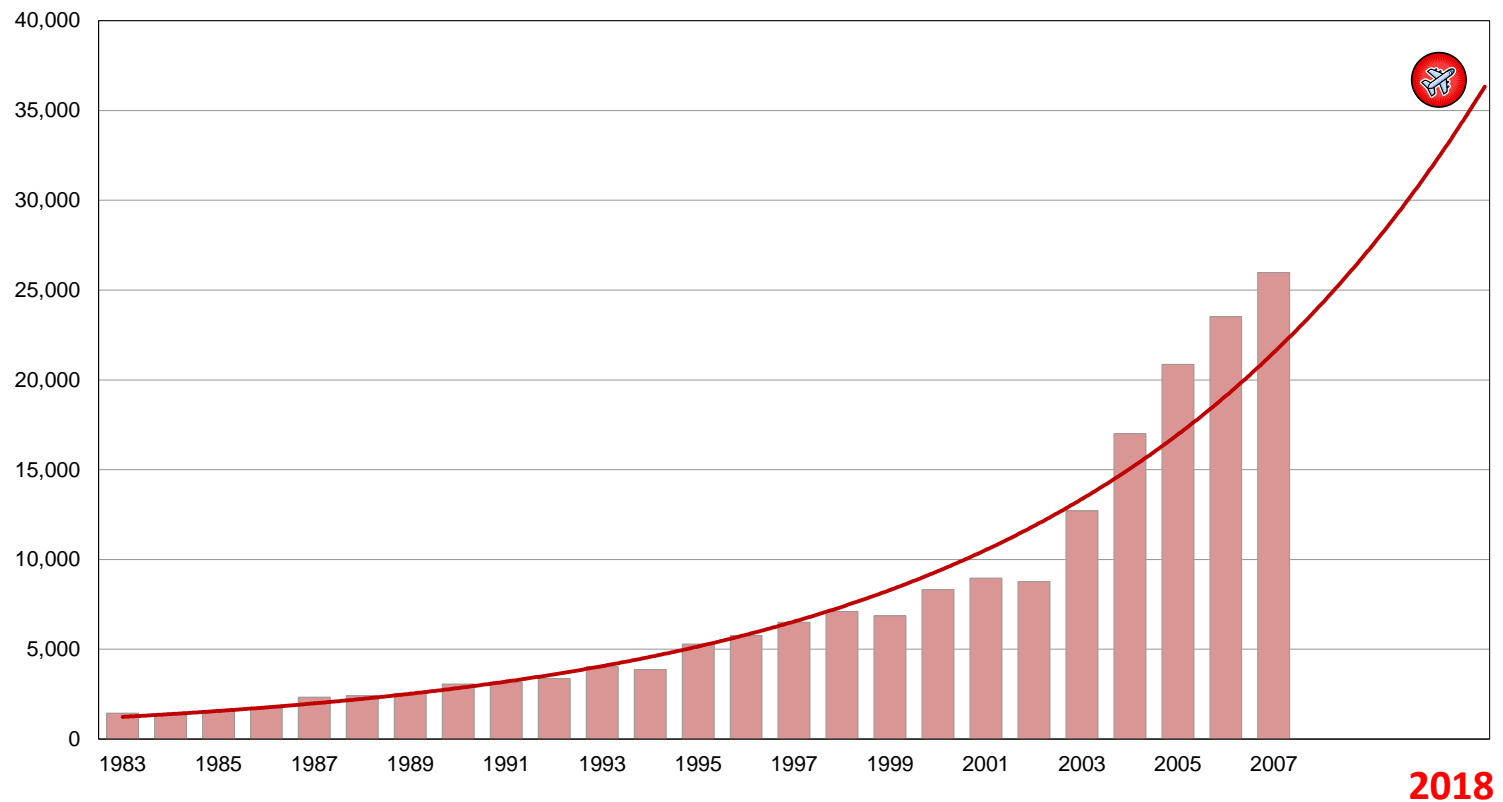
- 214 million malaria cases, 438,000 deaths in 2015
 - > 78% under 5 years of age
- **Immigrants visiting friends & relatives (VFR'S) is the the most important risk factor in the global spread of infectious disease**
- Index case for SARS in Canada was a VFR traveller

World Malaria Report. 2015 CDC. MMWR. 2016



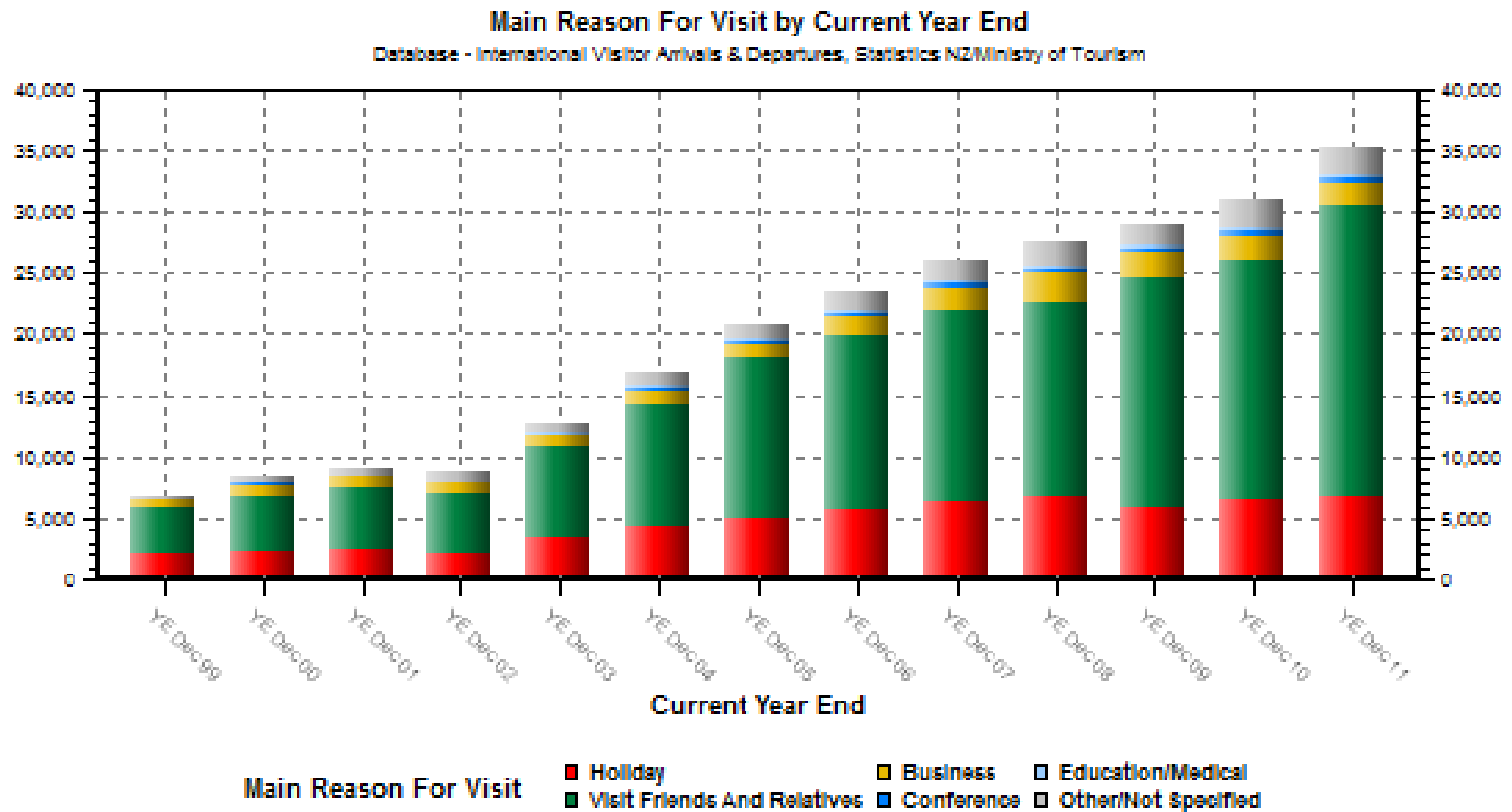
India

New Zealand Departures



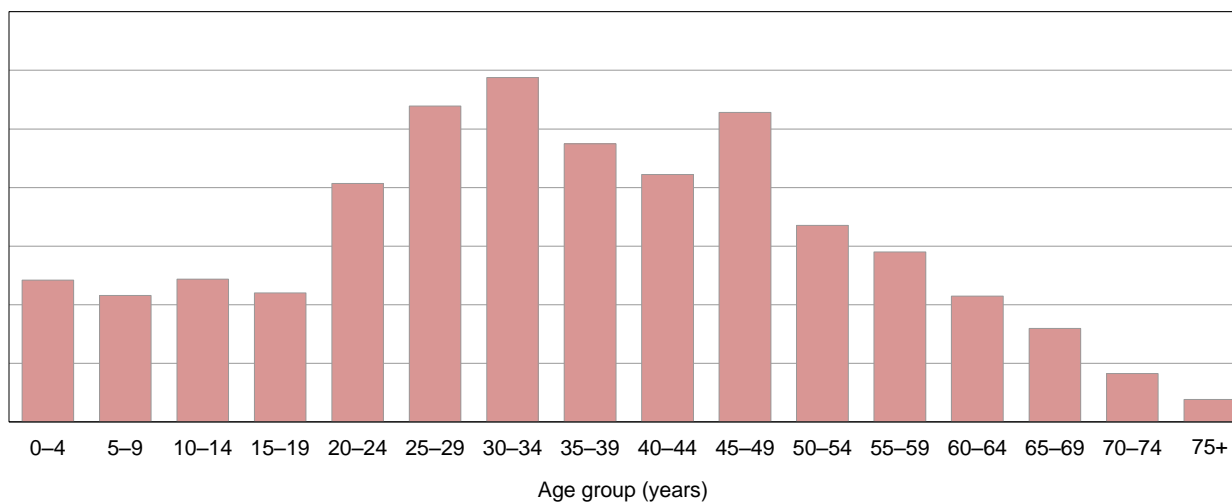
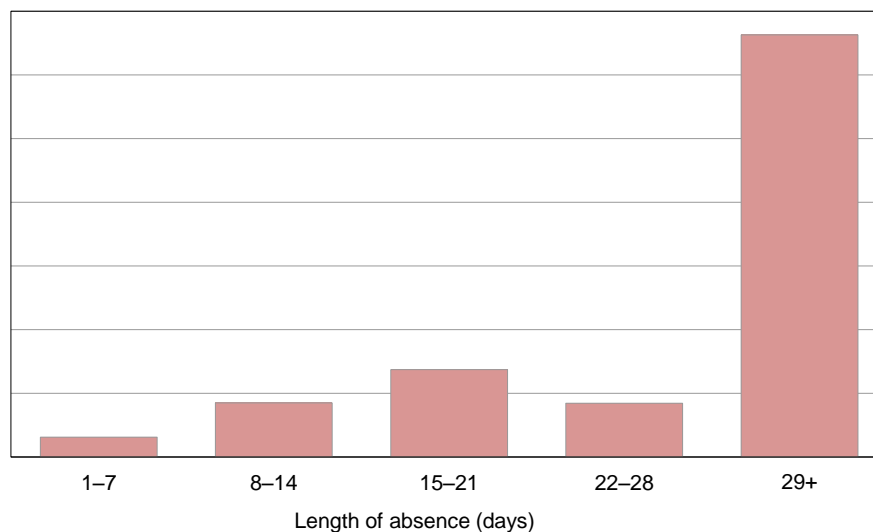
Source: Statistics New Zealand

Why India?



Base - New Zealander Departure (Type Of Traveller), Not Current Year End 1998 (Bases For Cubes) and India (Country Of Main Destination)

India - New Zealand Departures





Nutrition Facts

Calories	0
Fat	0g
Carbohydrate	0g
Protein	0g

International
tamper proof seal



LEHAR AQUAFINA

PACKAGED DRINKING WATER

Enjoy the crisp and clear taste of Aquafina. This bottle contains water treated through a state-of-the-art process comprising of 17 steps: Reverse osmosis, Ozonisation, Carbon filtration and Sand filtration.

INGREDIENTS: TREATED WATER.

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BATCH NO:

MFD:

MAXIMUM RETAIL PRICE: Rs.
(Inclusive of all taxes)

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1L

For BIS certification details
see web site www.bis.org.in
Store in cool and hygienic conditions.

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Customer Service Manager at 1800 22 4000

**BEST BEFORE NINE MONTHS
FROM MANUFACTURE**
CRUSH THE BOTTLE AFTER USE



Target Market

- Elevated risk of disease and illness
- Less likely to seek pre travel health advice or receive appropriate vaccination
- **Seize the opportunity**
- **Communicate and educate**
- **Take travel health advice to VFR community**



VFR Travel Health Resources

- CDC-supported resource focusses on reducing travel-related illnesses in VFR travellers
- Website contains videos, informational resources, and health tools in multiple languages
- Developed to assist not only VFR travellers but also primary care health providers



FOR THE
TRAVELER

FOR THE
CLINICIAN

OUR
PARTNERS

TRAVEL HEALTH
STORIES



Planning A Trip?

Use **TRhIP** to ensure a safe trip for you and your loved ones. It's a fast and free way to get personalized travel health advice based on the latest CDC recommendations.

Get Advice

En Français | En Español | Em Português do Brasil
An Kreyòl Ayisyen | বাংলা | अभिव्यक्ति | 中文 | اللغة العربية

<https://www.youtube.com/watch?v=w0pA4fzEIEc>



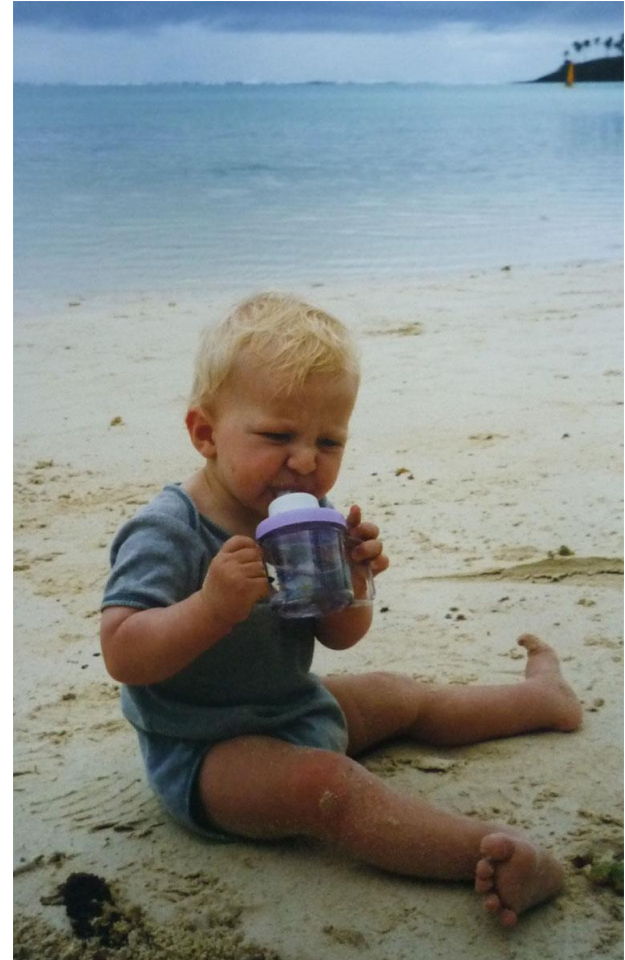
Junior Jet Setters



Travelling with Children

- Children are not “mini adults”
- Trip should be age appropriate
- Vaccinations
 - Routine up to date?
 - Should any be brought forward? (Discuss with immunisation coordinator/IMAC)
 - Travel vaccines
- Malaria
 - Can be difficult assessing need for antimalarial s
 - Mefloquine or Malarone[®]
 - Doxycycline > 11 years
 - Refer if not certain

The early years: Rarotonga Age 12 months



Travelling with Children

- Managing illness while away
 - First aid & self management kit
 - Oral rehydration sachets
 - Paracetamol
 - Antihistamine
 - +/- ondansetron
 - +/- loperamide for older kids
 - +/- antibiotic (azithromycin) but only high risk
 - Thermometer
 - Dressings, plasters etc...
 - Travellers diarrhoea (emphasis on preventing dehydration)

Alaska: 10 years





Travelling with or Advising School Groups

- Clarify your role
- Group briefing if possible
- Some written guidelines on pre-trip vaccinations, antimalarials and contents of medical kits to get via own general practice/local travel clinic
 - Can't provide prescription medication to third party
- All on the same insurance policy