



#### YEAR 2 OF ENROLLED NURSES WORKING AT MT EDEN CORRECTIONS FACILITY (MECF)







to court/medical appointments each year















### Mt Eden Corrections Facility MECF

- MECF is a complex and very busy site with lots of movements
  - average length of stay is approximately 23 days
  - fully remand prison, 1046 beds
  - high volume of transfers to other prisoners, transition
  - estimated 40-45% of prisoners are on regular medication
- Complex medical presentations including: unstable medical conditions; drug and alcohol withdrawal; acute illness and injury





#### **MECF Model of Care**

- New Model of Care for health services was introduced at MECF as a result of the transition from Serco to the Department of Corrections in 2016.
- Deliver timely, high quality health care to prisoners that enables prisoners to participate in their own care
- Improve health outcomes for prisoners while at MECF and on transfer or release
- Educating and supporting staff to safely and humanely contain prisoners.





# Overview of the Health Team at MECF

- Health Centre Manager Kirstin Harrison
- Assistant Health Centre Manager Jill Herridge
- Team Leader Sarah Nabizada
- 18 RN's
- 5 Mental Health RN's
- 7 EN's
- 4 Health Care Assistants
- 3 Office Administrators
- Contracted staff (ie. Doctors, Dentist, Physio)





#### **Enrolled Nurses at MECF**

- EN's were introduced as part of the Model of Care
- Reason being that EN's can deliver nursing care and health education, contribute to nursing assessments, co-ordinate care planning, implement and evaluate care provided while practising under the delegation of a RN at MECF
- All RN's and EN's received training on Direction and Delegation





#### Year 1

- Extensive recruitment programme to attract EN's who had a broad range of experience; experience in primary health and mental health; experience administering medication
- Fully staffed with all FTE's in post and orientated by early 2017, all EN's given a scoping day
- Lots of training including pre-hospital emergency care; phlebotomy





#### Year 2 2017 - 2018

- Developing skills further: Practice Leader involved
- Further developed assessment skills that led to improved patient management
- Co-facilitating portfolio management with an RN
- Developed knowledge and skills when triaging health requests
- Overall knowledge and skills improvement





#### EN's at MECF being Resilient and Resourceful

- The most challenging environment to work in for EN's and the wider health team
- While it is challenging it is also very satisfying making a difference in a prisoners life
- Resilience this is what brings us to work everyday
- Resourceful learning new skills that are not traditional EN roles; manage self in a custodial environment





#### An overview of the prison environment

- Prison nursing isn't for everyone it is unique!
  - locked environment
  - some challenging prisoner behaviors'
- It can also be incredibly rewarding
  - contributing to the Departments goal of reducing reoffending by ensuring prisoners are in the best health they can be in to attend programmes and employment.
  - Nurses make a difference to a persons health and wellbeing Receive training on how to keep yourself safe in prison
    - Supportive collegial workforce
    - Debriefing





#### The team

- Melanie (Mel) Salt
- Sheron Prasad
- Who they are; when and where they trained; employment history; working in Corrections





#### Questions





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