

Critical Comment New Zealand College of Critical Care Nurses

Message from the Chair

Welcome to the winter edition of the Critical Comment newsletter. Firstly, an update from the national committee. Committee members Lyn and Rod are drafting the NZCCCN position statement for Critical Care Nurse Education. The position statement will be a focus for the committee at our mid-year committee meeting. The statement will then be circulated for feedback from members.

Colleges and Sections funding from the NZNO has been an ongoing area of discussion for the NZCCCN. We have seen a drop in funding to our college in the last two years. We are currently providing feedback regarding our concerns to the NZNO board on this.

There is an upcoming NZNO by-election following the resignation of one of the members of the NZNO board. The Board of NZNO is there to provide leadership and governance to NZNO. If you would like more information please see:

<http://www.electionz.com/nzno2017resource/>

The 2018 regional ANZICS meeting will be held in Auckland. It will be hosted by the Paediatric Intensive Care team at Starship Children's Health. ANZICS meetings are a fantastic opportunity to network and learn about what is going on in the intensive care community, particularly in our own backyard. Keep a lookout for more information about this conference and also about PICU in the Critical Comment newsletters. The NZCCCN usually provide several scholarships to assist with costs to ANZICS Regional Meetings. More information about applications will be available early in 2018.

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Letter from the Editor

This seems to have been a very busy time for all of us with no letup in the acuity or number of admissions. It is in times like this that we need to keep up the care of ourselves and our colleagues. If you have a few words of wisdom, encouragement or general support for us all perhaps send me a letter or two for the next issue.

Carrying on the theme of sending me stuff, as always if you have any articles you want to publish in the newsletter please send them through to me. The more I have the better the newsletter.

Please enjoy this newsletter.

Steve

Best Nursing Free Paper Award ANZICS 2017 Congratulations to:

Lynsey Sutton-Smith



See more details of Lynsey's presentation:

<http://wellingtonicu.com/Data/Presentations/ANZICS17/21.pdf>

Awarded by New Zealand College of
Critical Care Nurses

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Conference report

Go Wellington!

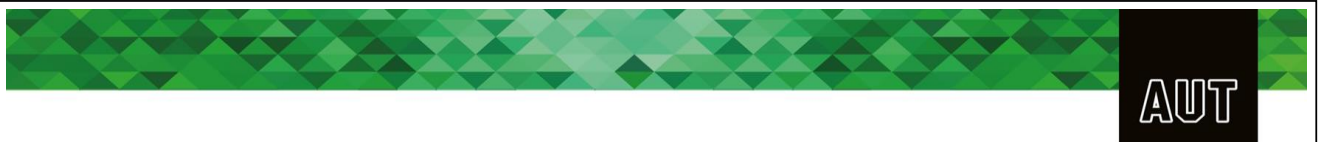
My name is Saskia Hartemink and I had the privilege to attend ANZICS 2017 in Wellington this year. I work in the Hawkes Bay as a Clinical Nurse Coordinator. I was employed in November 2016 to set up an outreach service for the District Health Board as part of the AIM 24/7 project. I also work a small portion of my contract inside the Intensive Care and High Dependency Unit.

The Service that I am setting up is modelled on Wellington Regional Hospital's PAR (Patient at Risk) service. It works out of the ICU/HDU and follows up on the patients discharged out of the unit. Also, the PAR service responds to Early Warning System triggers (Rapid Responses), Cardiac arrests, and identifies/ reviews patients who are clinically deteriorating. Identification and early escalation of the deteriorating patient and promotion of creating escalation plans and scheduled reviews during daylight hours with the primary teams ensures minimisation of risk to the ward patient. So far, the service in Hawkes Bay has employed four out of its five nurses and it will soon become available seven days a week. It has already shown great success.

ANZICS '17 covered a great variety of topics from the future of sepsis and new technology to self-care and welfare for staff. Of particular help and interest to me were the talks about the streams of work that the health and safety commission shared about the deteriorating patient. Alex Psirides, an Intensivist from Wellington also shared his talk about "Dying to MET you" which covered statistics from his District Health Board's MET (Medical Emergency Team) calls. Together with a splendid atmosphere at Te Papa Museum, a memorable Gala dinner and networking with wonderful minds from all over the country Wellington certainly knew how to host an excellent conference. Thank you NZNO, NZCCCN for the privilege to attend, it certainly has helped gain insight into what the future holds.

Saskia Hartemink

Clinical Nurse Coordinator PAR Service; Hawkes Bay.



What does being a critical care nurse mean for your wellbeing?

What: Opportunity to participate in a study to identify what wellbeing means to critical care nurses who work in an adult and/or paediatric ICU in NZ

Where: Anywhere you can access and respond to online questions

Why: To understand what wellbeing means to critical care nurses and see how we are doing

When: Between August 2017 and April 2018

How: For further information please click on the link: [ICU nurse wellbeing survey info and consent](https://aut.au1.qualtrics.com/jfe/form/SV_2mfbxZLNA8Fn705) or paste the following address into your browser: https://aut.au1.qualtrics.com/jfe/form/SV_2mfbxZLNA8Fn705

Many thanks for your consideration, Rebecca Jarden (AUT University PhD candidate): rjarden@aut.ac.nz

Approved by the Auckland University of Technology Ethics Committee on 03 July 2017 AUTEC Reference number 17/180

Releasing Time to Care programme at work in Intensive Care Unit

Leah Hackney & Naomi Gilling

In February 2016 Christchurch Hospital's Intensive Care Unit (ICU) began the Releasing Time to Care (RT2C) programme under the guidance of the Christchurch Hospital Campus RT2C team. The ward based quality improvement initiative is designed to enable RT2C ward teams to make sustained changes to their ward, to improve safety and quality of the delivery of care to patients and whanau, says Nurse, Leah Hackney. ICU has taken part in two RT2C modules; Know How We Are Doing, and since May 2016, the Well Organised Ward module.


The ICU RT2C team consists of allied and health professionals who meet fortnightly to update and discuss new or current projects and module progress. From this group, five core nurses are allocated one 12 hour shift a fortnight to work on these projects. "This has provided an opportunity for a vast amount of work to be completed during 2016", she says. The careful and considered reorganisation of the ICU has progressed well, with 26 significant projects on their Project List that are either completed or in progress. This includes the development of ICU's vision; implementing discharge bed space checklists;

NZCCCN

criticalcarenurses@gmail.com

Find us on the Web:

http://www.nzno.org.nz/groups/colleges_sections/colleges/new_zealand_college_of_critical_care_nurses



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reorganisation of ICU stock; development of floor graphics to allocate spaces for equipment; clinical workstation reorganisation and the procurement of Personal Protective Equipment (PPE) stands. The most anticipated project for the team (and department) was the reorganisation of the ICU South stock corridor; a project that took three months to plan and was executed by the core nurses over two days, Leah says.

ICU employs up to 180 staff, making their involvement and feedback in projects such as the reorganisation of stock crucial to the success of these projects. "A suggestion box and various feedback mechanisms are available for staff to express their thoughts, opinions and to consult on projects". The empowerment of staff to complete their own quality projects while being supported will now be facilitated through a newly established ICU Quality Group, IQuality. IQuality has been developed in response to the Know How We Are Doing Module and will facilitate and monitor quality projects or audits undertaken by staff in ICU. It is hoped that this will continue to promote the

continuous improvement of care delivery and patient outcomes for ICU patients. This month the team will revisit the Activity Follows and staff and patient surveys, to see how changes within the unit have had a positive impact on patient care, workflow, job satisfaction, and ICU patient families. Activity Follows are where they follow different disciplines around monitoring (through an iPad program) what activities they perform to make up their day. This is reassessed annually to see if the changes made on the floor have a quantifiable impact on the ICU teams' work. From March they will embark on their next module, Patient Status at a Glance, which will provide a chance to enhance the management of patient information in our environment.

Leah says the ICU RT2C team would like to take this opportunity to thank Yvonne Williams, Heather Murray, Nikki Ford and Helen Tregenza for their continual support of this quality journey. To our ICU colleagues, thank you for ongoing support, ideas and encouragement this past year. We are excited to continue this RT2C journey in 2017.

| NZ College of Critical Care Nurses [NZNO] 2017 national committee members | | | |
|------------------------------------------------------------------------------|------------------------|-----------------|-----------|
| Position | Name | Term | Region |
| Chair | Dayle Pearman | 3 rd | Northern |
| Vice Chair | Steve Kirby | 2 nd | Northern |
| Secretary | Elinore Harper-Spiller | 3 rd | Central |
| Treasurer | Lyn Maughan | 3 rd | Central |
| Membership | Leah Hackney | 2 nd | Mid South |
| Website/Newsletter | Steve Kirby | 2 nd | Northern |
| Committee | Sarah Rogers | 1 st | Midlands |
| Committee | Erin Williams | 1 st | Lakes |
| Committee | Rodney Bowen | 1 st | Southern |
| NZNO Liaison | Margaret Cain | | |

Check out the [NZCCCN website](#) for the exciting June edition of FOAM:

FOAM: Month in Review
Free Open Access Medical Education Online

HAYDN DRAKE EMAIL HAYDN.DRAKE@STJOHN.ORG.NZ Clinical Support Officer – Coaching / Air Desk
St John New Zealand | Hato Hone Aotearoa



The Courageous Leader

Facilitator: Anne Evans-Murray

Date: Tuesday 10th October 2017

Time: 0900 to 1615

Venue: Harvest Church, 324 Malfroy Rd, Rotorua

Catering: Morning tea and lunch included



The workshop examines the skills and knowledge required of an effective leader. It looks at the common errors than managers make and the difficulties that managers and leaders face in their role. The differences between a manager and a great leader will also be discussed.

Areas that will be examined are:

- Types of leadership
- Managing difficult situations
- Behaviours of the bully
- Assertiveness skills for the effective leader
- Courage in leadership
- Generational issues with staff

First session: Communication and the leader

Second session: Styles of leadership / Emotional intelligence

Third session: Managing difficult situations /
Bullying Psychology

Fourth session: Generational issues with staff

Lakes DHB would like to offer this workshop to both new and existing managers and senior nurses. It would also be suitable for those nurses who have identified a career pathway in leadership and management.

Nurses with at least 3 years post qualification experience will be prioritized.

DHB Staff—Follow normal booking processes to register (CNM must approve and make the booking)

Non- Lakes DHB Staff To register, complete the registration application on the reverse of this flyer

Registrations must be received by the 25th September 2017.

Anne Evans-Murray



R.N. B.Health Sc., Grad. Dip. Ed., Masters of Education, Grad Dip Ed. Diploma of Professional Counselling, Grad Certificate in critical care. Certificate IV Training & Assessment

Anne has a passion for teaching which she does in a unpretentious way that ensures you will not only understand and retain what she presents, but will enjoy this learning experience.



The Courageous Leader

Essential information:

Venue: Harvest Church, 324 Malfroy Road, Westbrook, Rotorua

Date: Tuesday 10th October 2017

Coffee and registrations commence at 8.30 am
9.00 am to 4.15 pm

Catering: Fully catered and seminar notes provided

Cost: \$100.00 (Non-Lakes DHB staff only)

Cancellation policy:

Once registrations are confirmed no refunds will be issued, however, substitutions can be made.

Please complete the details below and email to pdu.admin@lakesdhb.govt.nz or post to; Professional Development Unit, Lakes DHB, Private Bag 3023, Rotorua

X

Title: _____ Name: _____

Address: _____

Post code: _____

Phone No. _____ Email: _____

Payment Methods (please tick)

☐

Cheque

Complete form and send with payment of \$100.00 to:

Professional Development Unit, Lakes DHB, Private Bag 3023, Rotorua

Signature: _____

☐

Invoice DHB

If your registration is being paid by your employer and want the invoice in their name please include their billing details & authority for preparation of the tax invoice:

Employer: _____

Address: _____

Postcode: _____ Line Manager: _____

Phone: _____ Email: _____



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Update your NZNO or NZCCCN Membership

Attention all NZCCCN Unit Representatives:

Over the next month, you will receive an email asking for confirmation of your details so we can update the Unit Representative Database. We would greatly appreciate your help in completing this. If your representative is no longer working in ICU, we will be making contact with Charge Nurse Managers to facilitate the election of a new representative. Any queries, please contact Leah Hackney via the NZCCCN email: criticalcarenurses@gmail.com

